



SHORE EXCURSIONS

10 nights	STAR CLIPPER Aruba to Grenada 27 January 2027
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	Wed	Aruba (Oranjestad)
	Thu	Curaçao (Willemstad)
	Fri	at sea
	Sat	at sea
	Sun	Canouan (Charlestown bay)
	Mon	Tobago Cays
	Tue	Bequia (Admiralty bay)
	Wed	Tobago (Charlotteville)
	Thu	Tobago (Castara bay)
	Fri	Mayreau (Saline bay)
	Sat	Grenada (St George's)

What you need to know before booking your shore excursion:

- All our excursions are led by local English-speaking guides or driver-guides.
- The length of the tours and time spent on the sites is given as an indication as it may vary depending on weather, sea and traffic conditions and on the group's pace.
- The level of physical fitness required for our activities is given as a very general indication.
- Transportation: roads in the islands can be winding and bumpy. Vehicles used (coasters, minibuses, minivans) have generally small seats and limited space and legroom.
- Guests will be required to sign a liability waiver to participate in some activities.

How you can book your shore excursions:

- Shore excursions can be booked on board, using the booking forms (sign-up lists) available at the Excursion Desk.
- The price of the excursion will be added to your on-board account.
- Transfers and debark tours ending at the airport can also be pre-paid prior to your cruise.
- In order to provide the best service and to avoid disappointments, please book your shore excursions as early as possible: places are limited and there is a booking deadline for each port.
- Booking deadlines will be indicated on the Daily Program and on the booking forms.
- Cancellation and changes are possible until the booking deadline. After the booking deadline, 100% cancellation fees will be charged.
- A minimum number of participants is required for each tour; if the required number is not attained, the tour may be cancelled.

Important notes:

- Departure times of the tour are mentioned in the Daily Program of each port.
- All information concerning excursions is correct at the time of printing. **However, Star Clippers reserves the right to make changes.** The latest updated tour descriptions are available on board the ship in a file at the Excursion Desk and on Star Clippers' website (you can download the file using the QR code).



Date of last update: 7th of July 2026

CURAÇAO (Willemstad) - Curaçao country drive tour



3:30



59 €



Moderate



Motorcoach

Min 25 / Max 48
participants

Sightseeing | Panoramic

Discover the natural beauty of Curaçao on a panoramic drive through the island's diverse landscapes. Departing from the port of Willemstad, you'll head west across the countryside.

Your first stop is Boka Tabla National Park, where the untamed sea crashes dramatically against rugged rock formations - a powerful display of nature's force. A short photo stop follows at West Point (Playa Forti), offering panoramic views of the Caribbean Sea.

Continue to Knip Beach, one of Curaçao's most iconic beaches, known for its white sand and vibrant turquoise water. Enjoy a brief stop to take photos of this picture-perfect setting.

Next, visit the Jan Kok Estate, home to the colorful art gallery of local artist Nena Sanchez. Perched on a hill, the estate provides sweeping views of the surrounding landscape. On the return journey, make a final stop at the Jan Kok salt flats, where you may spot flamingos in their natural habitat.

Please note:

- ✓ The tour consists in a scenic drive on the island by bus with several visits and photo stops. It involves moderate walking over uneven surfaces during the stops.
- ✓ Dress for the weather and wear comfortable walking shoes. Bring a hat, sunscreen, and water.
- ✓ The order of the visits may change.

CURAÇAO (Willemstad) - Beach hop and turtle snorkeling adventure



4:00



69 €



Moderate



Minibus or
Safari bus (open)

Min 25 / Max 40
participants

Sightseeing | Beach | Snorkeling

Curaçao is famous for its stunning beaches and vibrant marine life. From the port, you'll travel through the island's countryside to Playa Grandi, a natural beach at the westernmost point of the island. This area is part of a marine park, known for frequent turtle sightings. Accompanied by your guide, you'll snorkel in the clear waters and explore a colorful underwater world filled with tropical fish - and with some luck, sea turtles.

Afterward, enjoy a short drive to Cas Abao Beach, one of the island's most beautiful beaches. Here you can snorkel again or simply relax on a beach chair. Your snorkel guide will be available to assist and help you identify various marine species. After this double-beach experience, you'll return to the ship.

Please note:

- ✓ At Cas Abao Beach, shower, beach chair, and one soft drink are included.
- ✓ At Playa Grandi there are no facilities; rocky entry (dead coral), slight currents, possible wind/waves.
- ✓ Wear a swimsuit under your clothes and bring a towel, sunscreen, hat, sunglasses, water, and aqua shoes.
- ✓ Mask, snorkel, and snorkel vest are provided. Fins are not allowed (they may frighten turtles).
- ✓ Transfers may be by open beach bus or air-conditioned coach. Approximate driving times: Pier to Playa Grandi: 45 minutes; Playa Grandi to Cas Abao: 30 minutes; Cas Abao to pier: 30 minutes. The order of the visits may change.

CANOUAN - Sea Moss experience



02:00



132 €



Moderate



Speedboat

Min 2 / Max 12
participants

Active & Adventure

Embark on a journey into the heart of Caribbean wellness with our signature Sea Moss Experience Tour, an immersive exploration from ocean to table. Explore our flourishing sea moss farms and visit our cutting-edge processing facility to witness first-hand the cultivation, cleaning and preparation of this superfood.

Enjoy a scenic land and sea adventure with our guided team, complete with snorkelling gear, life jackets, beach towels and refreshments. Capture every moment with complimentary GoPro access, then take part in a fun gel-making demonstration, a Sea Moss Q&A session and a tasting session.

Every guest leaves with a special sea moss giveaway and a deeper connection to the Caribbean's most powerful natural treasure.

Please note:

- ✓ Minimum age to participate is 10 years (minors must be accompanied by an adult). Guests must know how to swim.
- ✓ This tour is not suitable for guests with reduced mobility, back or neck issues, or for pregnant women.
- ✓ Wear your swimsuit under your clothes and bring a towel, sunscreen, hat, sunglasses, and a t-shirt.
- ✓ Snorkeling equipment is provided (mask and snorkel gear).
- ✓ This tour is offered in various sessions throughout the day. Each session is limited to a maximum of 6 guests

CANOUAN – The Mount Royal ascent: a 360° panorama



02:00



59 €



Active (sport)



Minivan, Hiking

Min 4 / Max 10
participants

Active & Adventure

Discover Canouan from above on a guided Mount Royal nature hike, one of the island's most popular and rewarding experiences. Beginning at a base halfway up the mountain, this moderately steep but steady 45-minute climb is best suited for fit and active guests.

As you ascend through lush tropical trails alive with flora and birdsong, your guide will share fascinating insights into Canouan's history, ecology, and the deep connection between its land and surrounding seas. Along the way, enjoy 360° vistas of the Grenadines.

Rising to 880 ft (268 m), Mount Royal rewards your effort with spectacular 360° panoramic views over both the northern and southern Grenadines. At the summit, take a moment to pause, breathe, and enjoy the unforgettable scenery unfolding beneath you.

Please note:

- ✓ This tour is considered strenuous and is suitable only for guests in very good physical condition.
- ✓ Minimum age to participate is 8 years (minors must be accompanied by an adult).
- ✓ The nature trail involves hiking through uneven terrain, dirt tracks, narrow paths, and moderate to steep inclines. The trail may be muddy if it has rained recently. The hike takes approximately 45 minutes each way, depending on the group's pace. There is limited shade along the trail.
- ✓ Wear light, comfortable clothing and appropriate hiking shoes and bring a hat, sunscreen and insect repellent. Water is provided at the base.
- ✓ This tour is offered in various sessions throughout the day. Each session is limited to a maximum of 5 guests.

CANOUAN - Heritage & horizons - Canouan discovery tour



01:30



52 €



Easy



Minivan

Min 4 / Max 36
participants

Panoramic | Sightseeing

Experience the beauty and heritage of Canouan on this small-group tour, which features the island's best lookout points and cultural landmarks. You will also visit our historic 17th-century church. Take in sweeping views of the Southern Grenadines, learn about the island's indigenous roots and rich history, and discover charming local sites along the way.

With comfortable guided transport, photo stops and informative commentary, this relaxed tour provides an enjoyable introduction to the heart of Canouan, making it perfect for guests of all ages and activity levels.

Please note:

- ✓ Dress for the weather, wear comfortable walking shoes, and bring a hat, sunscreen, insect repellent and water.
- ✓ This tour is suitable for guests of all fitness level looking for an easy low walking-activity tour that blends scenery, culture, and storytelling.
- ✓ This tour is offered in various sessions throughout the day. Each minivan has space for max 5 guests.

TOBAGO CAYS - Tobago Cays snorkel and Salt Whistle Bay



03:15



69 €



Moderate



Catamaran

Min 20 / Max 100
participants

Boating | Snorkeling

Set sail on a comfortable catamaran for an unforgettable journey. Your adventure begins at Baradal Island, where you can dive into the crystal-clear waters for an exhilarating snorkeling experience. Explore vibrant coral reefs and encounter a variety of marine life in this protected marine park. Keep an eye out for turtles!

After your underwater exploration, continue your voyage towards the picturesque Salt Whistle Bay. This idyllic beach offers the perfect setting to swim in turquoise waters, relax on soft, powdery sands, or simply bask in the serene beauty of the bay. Enjoy a scenic sail back, with the gentle sea breeze and stunning vistas making for the perfect end to your tropical escape.

Please note:

- ✓ This tour is not suitable for guests with reduced mobility, back or neck issues, or pregnant women.
- ✓ Minimum age is 12 years, and children must be accompanied by an adult.
- ✓ Snorkeling is optional, but only suitable for experienced swimmers.
- ✓ Wear your swimsuit under a cover-up and bring a hat, sunscreen, sunglasses and a towel. Snorkeling equipment is not provided - please bring your gear from the ship.
- ✓ Rum punch will be served after snorkeling and swimming.
- ✓ The itinerary and stop sequence may be adjusted at the Captain's discretion based on weather and sea conditions.
- ✓ The excursion may be cancelled if the sea is rough.

BEQUIA - Bequia's heritage tour



02:00



52 €



Moderate



Open safari
vehicle

Min 8 / Max 40
participants

Sightseeing

Discover the rich maritime heritage of Bequia, an island once renowned for whaling and boat building, where traditional skills and a seafaring lifestyle still thrive. Nestled in the sheltered Admiralty Bay, Bequia's peaceful harbor has long attracted visiting yachtsmen eager to experience its charm.

Join us for a scenic 2-hour off-road tour that offers a genuine glimpse into island life. Travel along the main road northwest of Port Elizabeth to the village of Hamilton, home to the 18th-century Hamilton Battery. Here, French cannons - carefully restored and remounted - tell the story of the island's colonial past. From the battery, enjoy spectacular views over Port Elizabeth.

Continue northeast to Spring Bay, a shallow cove at the foot of a majestic coconut grove with trees reaching over 100 feet tall. This fertile valley was once a thriving sugar plantation, and the nearby ruins of the Spring Sugar Factory now house the charming Firefly Hotel on an historic estate.

Your journey continues through Industry, where you'll take in the island's beautiful landscape before heading to the famous lookout at Mount Pleasant. Return to the harbor and soak in the tranquility of this stunning island before boarding your vessel.

Please note:

- ✓ Vehicles are open off-road jeeps/pickups with professional driver-guides, each accommodating up to 8 passengers.
- ✓ Minimum age to participate is 8 years (minors must be accompanied by an adult).
- ✓ Dress for the weather, wear comfortable walking shoes, and bring a hat, sunscreen, insect repellent and water.

BEQUIA - Snorkeling tour in Bequia



03:00



72 €



Moderate



Speedobat

Min 10 / Max 24
participants

Boating | Snorkeling

Discover the underwater wonders of Bequia, a gem of the Grenadines. Surrounded by crystal-clear Caribbean waters, Bequia offers exceptional snorkeling with vibrant coral reefs, colorful marine life, and intriguing shipwrecks teeming with aquatic creatures.

This snorkeling adventure takes you along Bequia's stunning coastline, with breathtaking views of Moon Hole a stop for some snorkeling then on to the south side of Bequia.

We'll stop along the way for snorkeling at the pristine waters of Petit Nevis. At Petit Nevis, immerse yourself in the vivid underwater world - swim among tropical fish, explore the reefs, and experience the beauty of Bequia's marine ecosystem up close.

Please note:

- ✓ This tour is not suitable for guests with reduced mobility, back or neck issues, or pregnant women.
- ✓ Minimum age to participate is 12 years (minors must be accompanied by an adult).
- ✓ Snorkeling is optional, but only suitable for experienced swimmers.
- ✓ Wear your swimsuit under a cover-up and bring a hat, sunscreen, sunglasses and a towel. Snorkeling equipment is not provided - please bring your gear from the ship.
- ✓ The itinerary and stop sequence may be adjusted at the Captain's discretion based on weather conditions and tides.

TOBAGO (Charlotteville) - Angel Reef snorkelling adventure



3:00



75 €



Moderate



Minibus, Boat

Min 12 / Max 60
participants

Snorkeling

Begin your excursion with a short tender ride from the ship to the quaint pier in Charlotteville, where you'll board a minibus for a scenic 30-minute drive through Tobago's lush, mountainous interior en route to Speyside, on the north-east coast. Upon arrival at the Speyside beach jetty, you'll board a glass-bottom boat and cruise along the island's stunning emerald coastline before heading out to Angel Reef - a world-renowned snorkeling and diving destination. Known for its crystal-clear waters with visibility up to 100 feet, Angel Reef offers a spectacular underwater experience. As you glide across the water, your guide will highlight local points of interest and share insights into the reef's vibrant marine ecosystem. Drift over ancient coral formations, giant sea sponges, and schools of colorful reef fish thriving in their natural habitat. Once anchored, you'll have the opportunity to snorkel, swim, or simply relax on board and take in the beauty of this Caribbean paradise. After your aquatic adventure, return to Speyside beach to rejoin your minibus for the return drive to Charlotteville and tender back to your ship.

Please note:

- ✓ This tour is not suitable for guests with reduced mobility, back or neck issues, or for pregnant women.
- ✓ The itinerary and sequence of activities may vary depending on sea/weather conditions, at the captain's discretion.
- ✓ Snorkeling is only recommended for experienced swimmers.
- ✓ Minimum age to participate is 12 years (minors must be accompanied by an adult).
- ✓ Wear your swimsuit under a cover-up and bring a hat, sunscreen, sunglasses and a towel. Snorkeling equipment is not provided - please bring your own gear from the ship.
- ✓ Travel times: approx. 30 min by minibus from Charlotteville to Speyside; 25 min by boat to Angel Reef. Roads in Tobago are winding and may be bumpy in places.

TOBAGO (Charlotteville) - Argyle Waterfalls trail



4:00



75 €



Moderate to
Strenuous



Transfer by
minibus, hiking

Min 12 / Max 40
participants

Outdoor | Active & Adventure

Embark on a scenic half-day adventure through Tobago's lush rainforest, with a visit to the breathtaking Argyle Waterfalls. Your journey begins with a 45-minute drive along the island's picturesque Windward Coast to the town of Roxborough, where you'll enter the Tobago Main Ridge Forest Reserve - the oldest legally protected forest reserve in the Western Hemisphere and a UNESCO-recognized site of ecological significance.

Upon arrival, join a naturalist guide for a moderate 30-minute hike (each way) along a forest trail rich in tropical flora and fauna. Your destination is the stunning Argyle Waterfall, a serene three-tiered cascade set in the heart of the reserve. Enjoy approximately one hour at the falls, where you may swim in the natural pool, explore the area, or simply relax and take in the peaceful surroundings. After your rainforest and waterfall experience, return to the visitor center and board your minibus for the scenic drive back to Charlotteville.

Please note:

- ✓ Wear your swimsuit under a cover-up; bring a hat, sunscreen, insect repellent, a towel from the ship and water.
- ✓ Minimum age to participate is 8 years (minors must be accompanied by an adult).
- ✓ The trail and area around the waterfall are uneven and can be slippery, especially after rain. Sturdy footwear is recommended.
- ✓ Walking time is approx. 1 hour (30 min each way), on uneven and dirty ground with inclines.
- ✓ Guests will spend approximately 1 hour at the waterfall. Swimming is optional. The water may not always be crystal clear - particularly after rain.
- ✓ The minibus journey between the port and the visitor center takes approx. 45 min. Roads in Tobago are winding and may be bumpy in places.

TOBAGO (Castara bay) - Tobago cocoa experience



3:30



75 €



Moderate



Minibus

Min 10 / Max 40
participants

Sightseeing | Tasting

Embark on a half-day cultural and ecological journey into Tobago's lush rainforest and rich agricultural heritage. Departing from Castara bay, enjoy a scenic drive along the island's Windward Coast, then ascend into the Tobago Main Ridge Forest Reserve to reach Roxborough, on the south coast.

Your destination is the renowned Tobago Cocoa Estate, celebrated for producing world-class, high-quality cocoa used in fine chocolate products. Upon arrival, you'll be welcomed by a member of the estate's management team, who will guide you through the cocoa production process.

Enjoy a guided walk through the plantation, where you'll see cocoa trees up close and learn how the pods are harvested, fermented, sun-dried, and bagged for the export market. This immersive experience offers valuable insight into one of Tobago's most treasured agricultural traditions.

After the tour, you'll be treated to a tasting session featuring freshly brewed cocoa tea and samples of Tobago's artisan chocolate bars, giving you a literal taste of the island's chocolate-making excellence.

On your return journey, stop briefly at the Speyside Lookout for panoramic views of the coast, and visit the historic Speyside Waterwheel before heading back to the ship.

Please note:

✓ ***A wet landing is required at Castara bay!***

✓ Dress for the weather and wear comfortable walking shoes; bring a hat, sunscreen, insect repellent and water.

✓ Minimum age to participate is 10 years (minors must be accompanied by an adult).

✓ The drive from the port to the venue takes approx. 60 min on a winding road that may be bumpy in places.

TOBAGO (Castara Bay) - Offroad adventure in Tobago



03:30



85 €



Moderate to
strenuous



4x4 vehicle

Min 8 / Max 40
participants

Sightseeing | Active & Adventure

Depart the charming fishing village of Castara, located on Tobago's picturesque northwestern coast, on a 4x4 adventure through some of the island's most scenic and rugged landscapes. Climb into the Northside Hills, on the edge of the protected Main Ridge Rainforest, the oldest legally protected rainforest in the Western Hemisphere.

Along the way, enjoy panoramic views of the Caribbean Sea before descending into the secluded valley of King Peter's Bay. This remote black-sand beach offers an unspoiled natural setting, where weather and sea conditions may permit opportunities for snorkeling or swimming.

On the return journey to Castara, pause at a scenic lookout overlooking Castara Bay, where you can take in sweeping views of the coastline and your ship before concluding your tour.

Please note:

✓ ***A wet landing is required at Castara bay!***

✓ Minimum age to participate is 12 years (minors must be accompanied by an adult).

✓ This tour is not suitable for guests with conditions sensitive to bumpy roads.

✓ Vehicles are 4x4 vehicles accommodating 4 passengers. Please remain seated while the vehicle is moving.

✓ Dress for the weather, wear comfortable walking shoes, and bring a hat, sunscreen, insect repellent and water.

MAYREAU - Tobago Cays Snorkel and Salt Whistle Bay



03:15



69 €



Moderate



Catamaran

Min 20 / Max 50
participants

Boating | Snorkeling

Set sail on a comfortable catamaran for an unforgettable journey. Your adventure begins at Baradal Island, where you can dive into the crystal-clear waters for an exhilarating snorkeling experience. Explore vibrant coral reefs and encounter a variety of marine life in this protected marine park. Keep an eye out for turtles!

After your underwater exploration, continue your voyage towards the picturesque Salt Whistle Bay. This idyllic beach offers the perfect setting to swim in turquoise waters, relax on soft, powdery sands, or simply bask in the serene beauty of the bay. Enjoy a scenic sail back, with the gentle sea breeze and stunning vistas making for the perfect end to your tropical escape.

Please note:

- ✓ This tour is not suitable for guests with reduced mobility, back or neck issues, or pregnant women.
- ✓ Minimum age is 12 years, and children must be accompanied by an adult.
- ✓ Snorkeling is optional, but only suitable for experienced swimmers.
- ✓ Wear your swimsuit under a cover-up and bring a hat, sunscreen, sunglasses and a towel. Snorkeling equipment is not provided - please bring your gear from the ship.
- ✓ Rum punch will be served after snorkeling and swimming.
- ✓ The itinerary and stop sequence may be adjusted at the Captain's discretion based on weather and sea conditions.
- ✓ The excursion may have to be cancelled if the sea is rough.

MAYREAU – Discover Mayreau



01:00



32 €



Moderate



Walking tour

Min 6 / Max 30
participants

Sightseeing

Embark on a guided journey to discover the charm and resilience of Mayreau, the smallest inhabited island in the Grenadines. Your experience begins at Saline Bay, where a knowledgeable local guide welcomes you and shares insights into the island's history, culture, and ongoing recovery following Hurricane Beryl in July 2024.

Stroll through the quiet streets of Mayreau village, where the relaxed pace of island life continues despite the challenges of rebuilding. Visit the site of the historic St. George's Anglican Church, which was severely damaged by Hurricane Beryl and is currently undergoing reconstruction.

As your guide shares the church's history and significance to the local community, enjoy panoramic views of the Grenadine Islands, the Tobago Cays, and the Caribbean Sea from one of Mayreau's highest points.

Conclude your tour with a leisurely return to Saline Bay, taking in the island's natural beauty and gaining a deeper appreciation for the resilience of its people and the unique character that continues to define Mayreau.

Please note:

- ✓ This tour is not suitable for guests with reduced mobility. It involves walking on uneven terrain, including a steep hill/incline. Comfortable walking shoes are strongly recommended.
- ✓ Dress for the weather, wear comfortable walking shoes, and bring a hat, sunscreen, insect repellent and water.

GRENADA (St George's) – Farewell to Grenada (ending at GND airport)



6:30



179 €



Moderate



Minibus

Min 15 / Max 30
participants



Lunch Included

Sightseeing | Airport transfer

This excursion ends at Grenada Intl. Airport (GND) at approx. 15:30 and is suitable for guests with flight after 18:30.

Discover the natural beauty, rich history and authentic flavours of Grenada on this scenic island experience. Departing from the Port, your journey begins with a visit to Fort Frederick, perched high above the capital and offering spectacular panoramic views of the harbour, coastline and lush interior of the island. Learn about the fort's fascinating colonial history while taking in one of the best viewpoints in Grenada. Continue through the island's verdant rainforest landscape to Grand Etang Lake, a beautiful crater lake nestled within the Grand Etang National Park. Surrounded by tropical vegetation and often visited by local Mona monkeys, this peaceful stop showcases the island's natural charm and cooler mountain climate. Your next stop is the picturesque Annandale Waterfall, where cascading waters flow into a tranquil pool surrounded by lush greenery. Enjoy time to take photos, explore the gardens or simply relax in the refreshing atmosphere. The tour then continues to the Tri-Island Chocolate Factory, where you will discover Grenada's celebrated cocoa heritage. Learn about the chocolate-making process and enjoy samples of locally produced chocolate creations. Afterwards, savour a delicious local lunch at Shetona Bay Restaurant, beautifully located along the coastline and offering a relaxing setting to enjoy authentic island flavours. In the afternoon, visit Grenada Distillers for a guided tour and rum tasting experience. Gain insight into the production of Grenada's famous spirits and sample a selection of locally crafted rums before concluding your island adventure. Your tour concludes with a comfortable transfer to Maurice Bishop International Airport, arriving in time for your onward flight.

Please note:

- ✓ A minimum number of participants is required. If it is not attained, the tour may be cancelled.
- ✓ Luggage will be loaded on a luggage truck and delivered at the end of the tour. Guests will need to identify their luggage at the cruise terminal before the tour departs, and then collect it at the airport before checking in.

GRENADA (Saint George's)

Star Clippers also offers the following transfer services (optional, at an additional cost):

- Private transfers to "Maurice Bishop" Grenada Intl. Airport or to hotels.

- ✓ Private transfers can be arranged to any hotel on south the island.
- ✓ Pick up from the pier for private transfers is no later than 10:00.

- Private transfers from hotels to the airport.

- ✓ Private transfers can be arranged from any hotel on south the island.
- ✓ This service can only be pre-booked prior to your cruise and cannot be booked onboard.

Transfers and excursions ending at the airport can also be booked prior to your cruise.

Bookings made onboard during the cruise are always subject to availability.

If you wish to book a private transfer, we recommend that you book well in advance prior to your cruise, as the number of vehicles may be limited at certain times of the year.

For information and reservations please contact our reservations department or your travel agent.

The ship will be alongside at Saint George's Harbour (commercial port).

GND airport is located 10 km from the cruise port (approx. 30 minutes drive).

All guests are requested to leave the ship by 10:00am. There is no left-luggage service at the cruise terminal.



EXCURSIONS ACTIVITY LEVEL:

- ✓ **Easy:** excursion accessible to all participants, as it mainly takes place by bus or boat. Any footpaths and stairs that need to be negotiated are short or easy.
- ✓ **Moderate:** a certain basic level of fitness is required; excursion involving moderate walking - sometimes over uneven or unpaved paths and stairs.
- ✓ **Moderate to strenuous:** active participation is required; excursion involving walking long distances over uneven or steep terrain. May involve several flights of stairs or extended staircases.
- ✓ **Strenuous:** a good level of fitness is required; an excursion involving extensive uphill walking on inclines, uneven terrain with many steps. Excursion involving off-road driving, not suitable for pregnant women or anyone with a medical condition (back, neck, etc.) that could be affected by bumpy roads.
- ✓ **Active (sport):** Very good physical condition, stamina and skill are required. Passengers should be fit and active to participate in tours involving hiking, kayaking, snorkeling, cycling or similar activities.

The level of physical fitness required for our activities is given as a very general indication.

MAIN EXCURSIONS CATEGORIES (CARIBBEAN & CENTRAL AMERICA)

- ✓ **Sightseeing:** it gives a quick but enriching overview, visiting and seeing the main attractions, landmarks and places of interest in a particular area, often including popular spots and sometimes hidden gems.
- ✓ **Panoramic:** it involves a limited number of long drives with commentary by the guide, no internal visits and - generally - limited walking between stops.
- ✓ **Active & Adventure:** Hiking, kayaking, Zip line, 4x4 off-road.
- ✓ **Outdoors:** Activities like hiking that let you explore the natural beauty of the region.
- ✓ **Wildlife:** Get up close to the region's fauna and learn about them in their natural habitats.
- ✓ **Snorkeling:** Guests participating in the snorkeling must be experienced swimmers. Itinerary and snorkel sites are subject to change due to sea and weather conditions. Check in the tour description to see if the snorkeling equipment is provided or if you must bring the equipment from the ship.
- ✓ **Boating:** Experience the destination from the water, whether it's sailing, cruising, or other maritime activities.

WHAT TO WEAR AND BRING WHEN GOING ASHORE ON EXCURSION:

- ✓ Unless special clothing suggestions are included in the excursion description, we recommend functional clothing and comfortable footwear.
- ✓ Comfortable shoes to help with any steep paths and uneven cobbles.
- ✓ A hat or cap, sun lotion, insect repellent, water.
- ✓ For boat excursions or excursions including beach stop: swimsuit, beach towel, sunglasses, sunscreen, water shoes, snorkel mask.
- ✓ Mobile phone or camera to capture the moment (with waterproof cover for water activities and boat tours).
- ✓ Ship card to get back on board.
- ✓ Some cash (US \$ is widely accepted in Caribbean, bring Euros for French islands).
- ✓ A copy of the Daily Program, to check last tender or last gangway time, tender schedule, lunch time, etc.
- ✓ For ports with tender service (ship at anchor), bring a backpack or fanny pack so that your hands are free to hold on to the safety grip when boarding the tender.